

Personal Totem Pole Process Core Curriculum Training

with Mary Diggin, MA

Beginning October 15-18, 2015

A deeply enriching 3 year experience, spread over 12 days each year

Certified by the International Institute for Visualization Research

www.deepimagery.net

Experiential, process oriented training - Interactive, relational Deep Imagery
Accessible to everyone

The Personal Totem Pole Process (PTPP) is an approach to the deep imagination, developed by Eligio Stephen Gallegos, Ph.D. and outlined in his book "The Personal Totem Pole Process: Animal Imagery, The Chakras and Psychotherapy." It has been used by therapists, artists and people interested in self development in the USA, Europe and Australia, for over 30 years. The PTPP allows individuals explore aspects of their consciousness through building a relationship with their own deep imagination. A Deep Imagery or PTPP® journey involves an open ended engagement with the deeper levels of the imagination, where the imagination itself is active. The Personal Totem Pole Process understands deep imagery as the vehicle for personal growth be it emotional, psychological, or spiritual.

Visit www.DeepImagery.net for more information

Who uses the Personal Totem Pole Process?

- Psychologists, psychotherapists, hypnotherapists and other therapy professionals
- Body workers
- Artists
- Creative individuals
- Anyone interested in holistic therapy & healing methods
- Anyone interested in personal growth and development
- Anyone interested in interactive deep imagery

Imagery Training

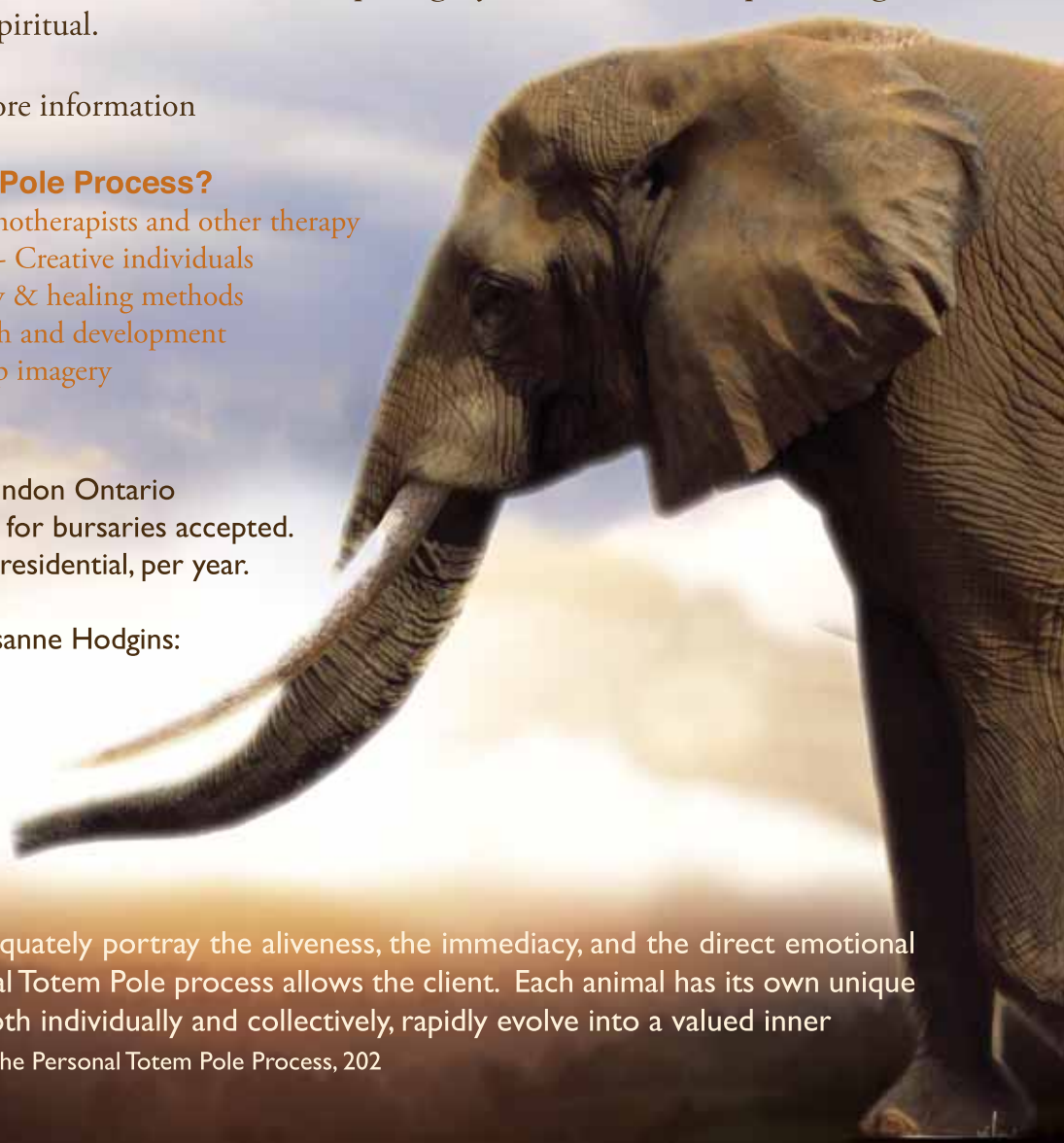
Venue: Michaelite Retreat House, London Ontario

Tuition: \$1800 per year; applications for bursaries accepted.

Facilities: \$600 for commuter; \$900 residential, per year.

More Information available from Susanne Hodgins:
canadaimagery@deepimagery.net

No verbal description can adequately portray the aliveness, the immediacy, and the direct emotional engagement which the Personal Totem Pole process allows the client. Each animal has its own unique personality, and the animals, both individually and collectively, rapidly evolve into a valued inner support system - E.S. Gallegos, The Personal Totem Pole Process, 202



Meeting a Dream Guide

an Imagery & Dream Workshop

with Mary Diggin, MA

August 7-9, 2015

Dreams are often mysterious: half remembered or half-forgotten, sometimes populated with strange figures, out of context happenings and out of time experiences. Dreams come from our deep imagination and speak to us in the language of imagery.

In this workshop we will enter the doorway of our deep imagination and journey into our dreams with a dream guide. We will invite the dream guide to unfold our dreams, allowing us to expand the dream into our lives, to nurture us, to deepen us and to bring us home to our selves.

Dates: August 7-9, 2015

Venue: Michaelite Retreat House, London Ontario

Cost: \$300: non-residential; \$375: residential

Early Bird Fee before May 15: \$280/\$355

Contact:

Susanne Hodgins <canadaimagery@deepimagery.net> or Mary Diggin at www.marydiggin.com

